

# Safeguarding News



#### **Safeguarding Team**

DSL - Mr Laundon

Deputy DSL - Miss Baverstock & Mrs Clarke

#### Pastoral Team - from September

Year 7 – Miss Wilson & Ms Paddington

Year 8 - Miss Woodman & Mrs Butler

Year 9 - Mr Dale & Mrs Ryan

Year 10 - Mrs Jarman-Smith & Miss Shaw

Year 11 – Miss Martin & Mrs Healy

### **Free NSPCC Training**

Half a million children suffer abuse and neglect a year in the UK. But there's something we can all do to change that.

Safeguarding is everyone's responsibility. That's why we're encouraging every adult in the UK to take our 10-minute digital training.

Listen up and learn a little with our Connect the DOTS training. We'll show you where to go if you need support, and how to speak up for children who need it. Because that little bit of knowledge can help keep a lot of children safe.

To take part in the training <u>click here</u> – it only takes ten minutes!

Report any concerns if you suspect a child is being abused or is in danger of being abused, please contact a Designated Safeguarding Lead, or another member of the Safeguarding Team.

You can also contact the Integrated Front Door on 01403 229900. If a child is in immediate danger, call the Police immediately on 999.

## Are all your contact details up to date?

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details for you.

#### **Omegle**

You must be 18+ to use or 13+ with parental permission. Omegle is a social networking/chat website that connects two strangers together for either a text or a video chat. Chats are anonymous unless a user provides this information. Omegle states that "Omegle video chat is moderated. However, moderation is not perfect. You may still encounter people who misbehave."

#### What should I be aware of?

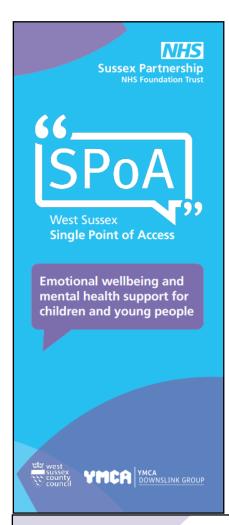
- No registration is required to access Omegle (therefore no age verification) and there are no reporting facilities.
- Users are given an option to save the chat's log and share the link. It is also possible for other users to take screenshots of text and video chats.

We recommend that Omegle is not used by children due to the potential imagery shared and language used which can be explicit.

You can find out more information from Childnet, including ways of keeping your child safe:

What is Omegle? Key things parents and carers need to know





#### Contact us

If you are unable to complete the online referral form or have any questions about a referral, please email:

WestSussexSPOA@spft.nhs.uk

For more information about the service, go to:

sussexpartnership.nhs.uk/ west-sussex-spoa

#### Follow us on social:

@our\_mh\_space

@ @our\_mh\_space

This document is available in alternative formats on request, such as large print, electronically or another language.

Please contact: communications@spft.nhs.uk

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#### Who is the service for?

SPoA accepts referrals for children and young people from the age of four up to a young person's 18th birthday. The young person must also be registered with a West Sussex GP, whilst recognising and working within NHS CHOICE regulations (please note. YES will accept referrals for young people who live in West Sussex or go to a West Sussex school).

All Autistic Spectrum Condition (ASC) and ADHD (neurodevelopmental) referrals need to continue via the current referral routes, unless there is a mental health or emotional wellbeing concern separate to this. Referrals for young people with eating disorders should be made directly to the Sussex Family Eating Disorder Service (SFEDS).

#### **Other Support**

#### sussexcamhs.nhs.uk

mental health information, advice and resources for young people, parents/carers and professionals.

westsussex.gov.uk/yourmindmatters local information, self-serve advice and training for young people and families.

# Single Point of Access

The West Sussex Single Point of Access (SPoA) is a dedicated service which provides a simplified single route to access specialist emotional wellbeing and mental health support.

The SPoA helps direct you to the right service at the right time, eliminating the need for you to refer to multiple services. Led by Sussex Partnership NHS Foundation Trust, the service is delivered in partnership with West Sussex County Council's Youth Emotional Support Service (YES) and YMCA Dialogue. e-wellbeing is the digital front door for West Sussex SPoA.

#### Who can refer to SPoA?

Anyone - children, young people, parents, carers, families, GPs and other professionals.

#### How does it work?

The SPoA consists of a team of clinical and administrative staff. All referrals received are triaged (processed) by SPoA within 72 hours.

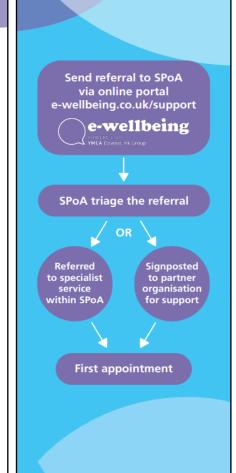
Referrals that meet the criteria for SPoA will be directed to the most appropriate service to offer treatment and support. The service may offer advice, intervention work, a patient care plan, or a specialist assessment. In some cases, there may also be input from other services too, such as Healthy Child programme or Winston's Wish.

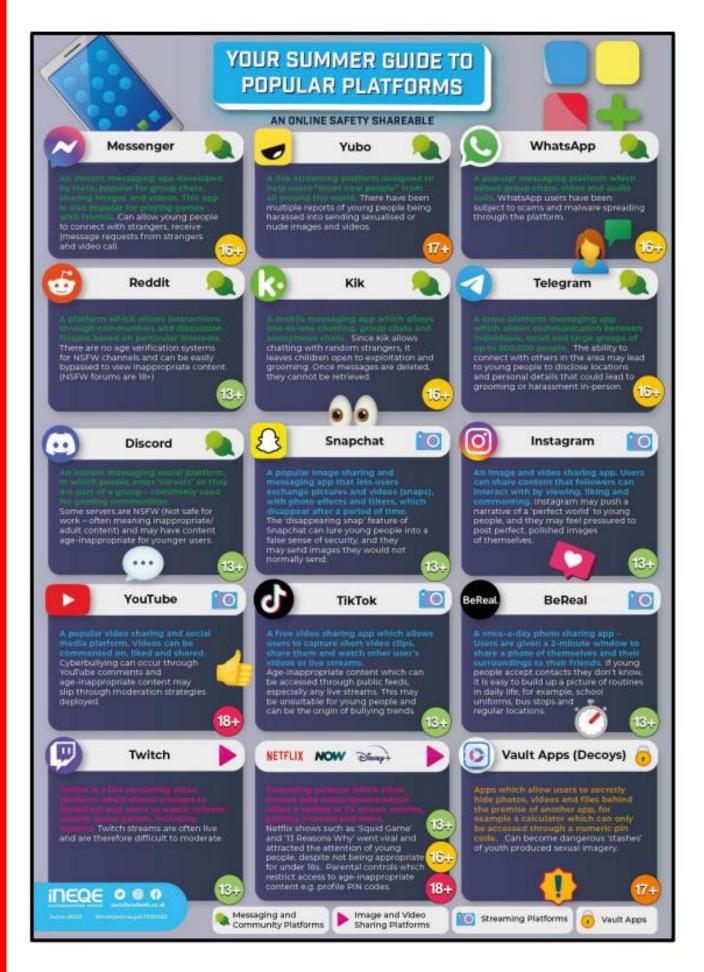
If your referral does not meet the criteria for SPoA, you will be signposted to other services for support, such as Early Help, Health Visitors and specialist services.

This process helps to ensure that the first appointment you have is with the right service.

#### Making a referral

Go to e-wellbeing.co.uk/support and complete the referral form, providing a clear description of the mental health need and the help or advice you are seeking.







### YOUR SUMMER GUIDE TO POPULAR GAMES









#### Fifa



#### Minecraft



A videogame that bridges the gap between car racing, sport matches, and gladiator fights. Put simply, it's rocket-powered cars playing an intense game of football. Rocket League has a reputation for being a toxic environment for gamers with reports of offensive and inappropriate language filling text chats.



An adventure game which allows players to explore and create worlds using building blocks to customise their worlds. Children and young people may experience addiction to the game due to its engaging nature.

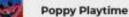


#### **Poblox**











An online gaming and game creation platform. Users can play and create games for others to play. It also includes social features such as friend requests and chats where players can design an avatar and speak to others while they play. Robiox has previously faced criticism following harmful sexualised content being prevalent on the platform.



An online multiplayer game which revolves around players attempting to figure out who is a friend and who is an enemy. Crewmates try to complete tasks while the imposter aims to sabotage the mission and kill them without being found out. Risk of talking to strangers through the chat feature however there is a chat-censor feature which can be turned



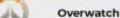


A horror game that involves an investigation of a mystery in an abandoned toy factory. You solve puzzles to survive the "vengeful toys" left behind including 'Huggy Wuggy'. Horror games containing frightening content can cause added anxiety and tress to young people intrusive though stress to young people, intrusive thoughts and new fears.



#### Fortnite





tobacco use and violence.

on to prevent this.





#### League of Legends



An online multiplayer "shooter style" game meaning players battle it out against opponents with multiple weapon styles. It allows players to create and personalise their own game components. Persuasive design features of the game can keep children hooked, encouraging them to spend in-game currency and add to their screen time.

A team-based game starring a cast of powerful heroes. Players can travel the world and build teams together. Overwatch has been included in esports competitions and has scenes of blood,



### A team-based strategy game where



two teams of five champions face off to destroy the other's base. Children may be exposed to bad language, hate speech, insults, and sexual language



#### **Apex Legends**



#### Elden Ring



#### Grand Theft Auto



A free-to-play shooter type game with the objective of being the last team standing by collecting loot and fighting

enemy squads. It includes some violence and players may talk to others through voice and text chat.

An action role-playing game in a world of different characters. You can explore the world, grow in strength and flight or ally those you meet. It features strong violence involving both human and fantasy characters, which can be deemed age; inappropriate for

can be deemed age-inappropriate for younger players

An action-adventure game in which players complete missions to progress through the story. Children will be subjected to profanity, violence, sex, crime and other



#### Call of Duty



#### Horizon Worlds







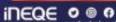
A series of first person shooter games including 'Modern Warfare', 'Black Ops', 'Vanguard' and 'Warzone'.

Involves live user interaction - squads can be made up of friends or players from all

A virtual social space which consists of a catalogue of virtual experiences through

the Metaverse. There have been several reported incidents of users experiencing sexual harassment while using the platform. A virtual 3D gaming world where users create their own character by choosing outfits and interacting with others at different in-game locations.

Users can easily access children and young people online via private and public chats.





AN ONLINE SAFETY SHAREABLE



### PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

#### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

#### **SAINSBURYS CAFES**

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### **TRAVELODGE**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### **HUNGRY HORSE**

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

#### PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### IKEA

Kids get a meal from 95p daily from 11am

#### **MORRISONS**

Spend £4.49 & get one free kids meal all day, every day.

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### **BILLS**

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### **SA BRAINS PUBS**

Children can eat for £1 with any adult main. Valid All Day Wednesdays

#### **FUTURE INNS**

Under 12's eat for free with any adult meal. During the school holidays

#### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

#### TO BE CONFIRMED...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

# Support for Students

### **YES**

#### Youth Emotional Support

Self-harm, low mood, difficult relationships, anger issues, anxiety, sleeplessness, difficulty with eating and weight.



### **FIND IT OUT**

Mon-Fri 9am-5pm 01403 229900

Centenary House, RH10 8GP

See FIO poster for more info

### Visit your

### **GP**

### NHS

Chat Health TEXT your School Nurse 07480 635424 Mon - Fri 9am-4:30pm

### Zumos



### Crawley LGBTQU+



### THE SHARP SYSTEM

Need someone to talk to? Worried about yourself or a friend? Make a REPORT



### **CEOP**

Are you worried about online sexual abuse?
Let us know safely and securely



### Childline

0800



### TEXT SHOUT 85258

Anxious? Worried? Feeling Isolated? Lonely? Depressed?

# allsorts

Are you lesbian, gay, bisexual or trans?
Are you unsure?
Are you under 26?
Would you like to meet other LGBT+
young people or get support?

01273 721211



### Young Carers 01903 270300



# Jigsaw

Child Bereavement 01342 313895

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9:30am-12:30pm Mon - Fri

For any other advice or support you can see your Mentor,

Pastoral Manager or Progress Leader

Alternatively you can email readytotalk@ifieldcc.co.uk

Emails will be monitored Monday - Friday, 8:30am-3pm