



Safeguarding News



Social Media Safety Guides

Some useful safety guides, new features etc to keep your knowledge up to date!

TikTok - [Parents' Ultimate Guide to TikTok](#)

TikTok app safety - [TikTok app safety - What parents need to know](#)

Instagram - [New Parental Supervision Tools](#)

New Social Media Hub launched - [New Social Media Hub Launched on SWGfL](#) -

Are all your contact details up to date?

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details for you.

SYNTHETIC CANNABIS SWEETS (THC) – 'GUMMIES'

There has been a case recently in East London of a 23-year-old woman who died after eating a synthetic cannabis (THC) sweet. The sweets were bought online, and they were delivered to her door. She experienced loss of consciousness (resulting in death) and the second individual experienced pain and violent vomiting. They each ate one sweet and immediately felt unwell. Edibles also known as 'gummies' are infused with THC, the primary psychoactive component of cannabis.



Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. Because it takes longer, the user may end up consuming larger amounts of the edibles to experience a response. The manufacturers of the edibles are unregulated, and the content of synthetic cannabis in each sweet may not always be accurate.

They are illegal and, because of the child-friendly packaging, they can pose a risk of accidental consumption. Parents should monitor food packaging/wrappers at home looking for wording such as THC as this may suggest the items may contain these ingredients.

Be mindful of the medical needs of your child. Call 101 for non-emergencies and attend A&E or call 999 for emergencies.

Report any concerns if you suspect a child is being abused or is in danger of being abused, please contact a Designated Safeguarding Lead, or another member of the Safeguarding Team.

You can also contact the Integrated Front Door on 01403 229900. If a child is in immediate danger, call the Police immediately on 999.

YOUR SUMMER GUIDE TO POPULAR GAMES



Rocket League

3

A videogame that bridges the gap between car racing, sport matches, and gladiator fights. Put simply, it's rocket-powered cars playing an intense game of football. Rocket League has a reputation for being a toxic environment for gamers with reports of offensive and inappropriate language filling text chats.



Fifa

3

A football simulation video game where gamers can choose to play as their favourite real-life footballers in their favourite real-life teams. FIFA is readily played by adults of all ages, meaning it would not be uncommon for a young person to interact with someone older.



Minecraft

7

An adventure game which allows players to explore and create worlds using building blocks to customise their worlds. Children and young people may experience addiction to the game due to its engaging nature.



Roblox

7

An online gaming and game creation platform. Users can play and create games for others to play. It also includes social features such as friend requests and chats where players can design an avatar and speak to others while they play. Roblox has previously faced criticism following harmful sexualised content being prevalent on the platform.



Among Us

7

An online multiplayer game which revolves around players attempting to figure out who is a friend and who is an enemy. Crewmates try to complete tasks while the impostor aims to sabotage the mission and kill them without being found out. Risk of talking to strangers through the chat feature however there is a chat-censor feature which can be turned on to prevent this.



Poppy Playtime

12

A horror game that involves an investigation of a mystery in an abandoned toy factory. You solve puzzles to survive the "vengeful toys" left behind including 'Huggy Wuggy'. Horror games containing frightening content can cause added anxiety and stress to young people, intrusive thoughts and new fears.



Fortnite

12

An online multiplayer "shooter style" game meaning players battle it out against opponents with multiple weapon styles. It allows players to create and personalise their own game components. Persuasive design features of the game can keep children hooked, encouraging them to spend in-game currency and add to their screen time.



Overwatch

12

A team-based game starring a cast of powerful heroes. Players can travel the world and build teams together. Overwatch has been included in eSports competitions and has scenes of blood, tobacco use and violence.



League of Legends

12

A team-based strategy game where two teams of five champions face off to destroy the other's base. Children may be exposed to bad language, hate speech, insults, and sexual language.



Apex Legends

16

A free-to-play shooter type game with the objective of being the last team standing by collecting loot and fighting enemy squads. It includes some violence and players may talk to others through voice and text chat.



Elden Ring

16

An action role-playing game in a world of different characters. You can explore the world, grow in strength and fight or ally those you meet. It features strong violence involving both human and fantasy characters, which can be deemed age-inappropriate for younger players.



Grand Theft Auto

18

An action-adventure game in which players complete missions to progress through the story. Children will be subjected to profanity, violence, sex, crime and other mature themes.



Call of Duty

18

A series of first person shooter games including 'Modern Warfare', 'Black Ops', 'Vanguard' and 'Warzone'. Involves live user interaction - squads can be made up of friends or players from all over the world.



Horizon Worlds

18+

A virtual social space which consists of a catalogue of virtual experiences through the Metaverse. There have been several reported incidents of users experiencing sexual harassment while using the platform.



Avakin Life

18+

A virtual 3D gaming world where users create their own character by choosing outfits and interacting with others at different in-game locations. Users can easily access children and young people online via private and public chats.

Support for Students

YES

Youth Emotional Support

Self-harm, low mood, difficult relationships, anger issues, anxiety, sleeplessness, difficulty with eating and weight.

SCAN ME



FIND IT OUT

Mon- Fri

9am-5pm

01403 229900

Centenary House, RH10 8GP

See FIO poster for more info

Visit your GP

NHS

Chat Health

TEXT your School Nurse
07480 635424

Mon - Fri
9am-4:30pm

THE SHARP SYSTEM

Need someone to talk to?
Worried about yourself or a friend?

Make a REPORT



Zumos

SCAN ME



Crawley LGBTQU+



CEOP

Are you worried about online sexual abuse?
Let us know safely and securely



Childline

0800 111



TEXT SHOUT 85258

Anxious?
Worried?
Feeling Isolated?
Lonely?
Depressed?

allsorts

Are you lesbian, gay, bisexual or trans?
Are you unsure?
Are you under 26?
Would you like to meet other LGBT+ young people or get support?

01273 721211



Young Carers

01903 270300



Jigsaw

Child Bereavement
01342 313895



9:30am-12:30pm
Mon - Fri

For any other advice or support you can see your Mentor,
Pastoral Manager or Progress Leader

Alternatively you can email readytotalk@ifieldcc.co.uk

Emails will be monitored Monday - Friday, 8:30am-3pm