

Sport & Physical Activity

Level 2 Cambridge Technical



Entry Requirements

There are no formal entry requirements for this qualification, just commitment to learn and enthusiasm for sport & physical activity.

Course Overview

The Cambridge Technical in Sport and Physical Activity has been developed to prepare students for the challenges faced in employment or further study on L3 sport courses.

Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technical in Sport and Physical Activity focus on the knowledge, understanding and skills and today's employers demand. The course focuses on key development of communication, problem solving, time management, research and analytical skills.

Students will practically apply their knowledge and skills in preparation for further study or the workplace. Students follow an activity leader pathway, equipping students with the skills required to lead safe, inclusive and fun sports and physical activity sessions.

Exam Information

Duration: 1 year

Exam Board: OCR

Contact: Mr D Ward/ Mr T Whale

Unit content for the qualification:

Unit 1 - Physical Activity, Health and Wellbeing (January Exam)	Unit 3 - Inclusivity, Equality and Diversity in Delivering Sport & Physical Activity (Coursework)
Unit 2 - Physical Preparation and Readiness for Sport and Physical Activity (January Exam)	Unit 4 - Leading Sport and Physical Activity Session (Coursework)

Each unit will be assessed individually. For coursework unit's students produce an assignment as evidence.

Assignments and exam results are submitted towards a final grade of Pass (E), Merit (C), Distinction (A) or Distinction Star (A*).

Qualification Gained

OCR Level 2 Cambridge Technical in Sport & Physical Activity

Career Opportunities

This pathway will allow students to gain employment as an Assistant Activity Leader in a range of settings including after-school **clubs**, holiday clubs and community centres.

It also enables students who have this qualification (in addition to English and Maths) the opportunity to take Level 3 courses the following year.

Further study in Year 13 at Level 3 Sport & Physical Activity can progress to careers in: Personal Fitness Trainer, PE Teaching, Sports and Leisure Management, Sports Physiotherapy, Sports Coaching, Sports Analysis, Sports administration, Outdoor Education, Police or armed forces.

The subject also develops many of the key skills deemed desirable by Universities.