

June 2022

Dear Parents and Carers,

Term 6 #NeuroNinja Parent & Carer Webinars

As part of our continued support for students and their families across the learning community of the school we're excited to bring to you the summer's webinar programme. Thank you so much for your engagement with last term's programme, we have had over 81000 views of the material last term.

The aim of our work is to inspire, engage, enthral and inform you and your child about the incredible potential of the amazing human brain and how, through changes to our daily behaviours, we can improve and develop ourselves.

Term 6 Webinars are below.

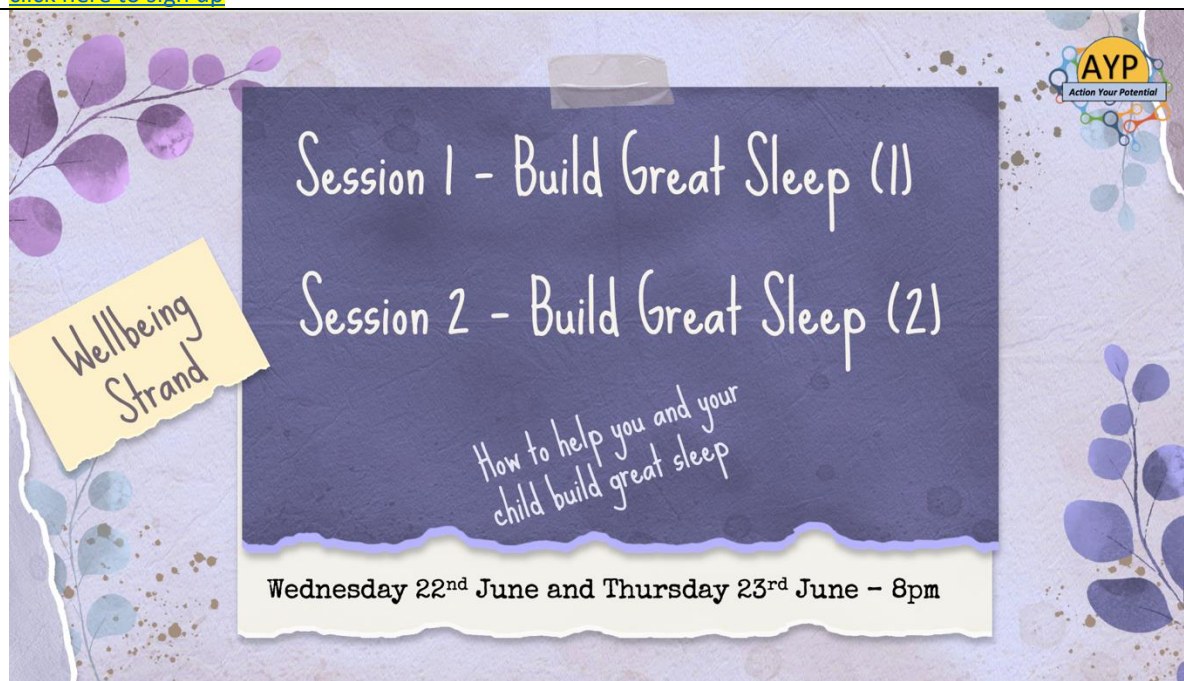
We've made it easy, [click here to sign up](#) to all the webinars, only log on for the ones you want to watch live, all of them are recorded and on the hub within a week of being recorded.

Wed 22 June and Thu 23 June
Well-Being Strand

Session 1: Build Great Sleep (1)
Session 2: Build Great Sleep (2)

How to help you and your child build great sleep

[click here to sign up](#)



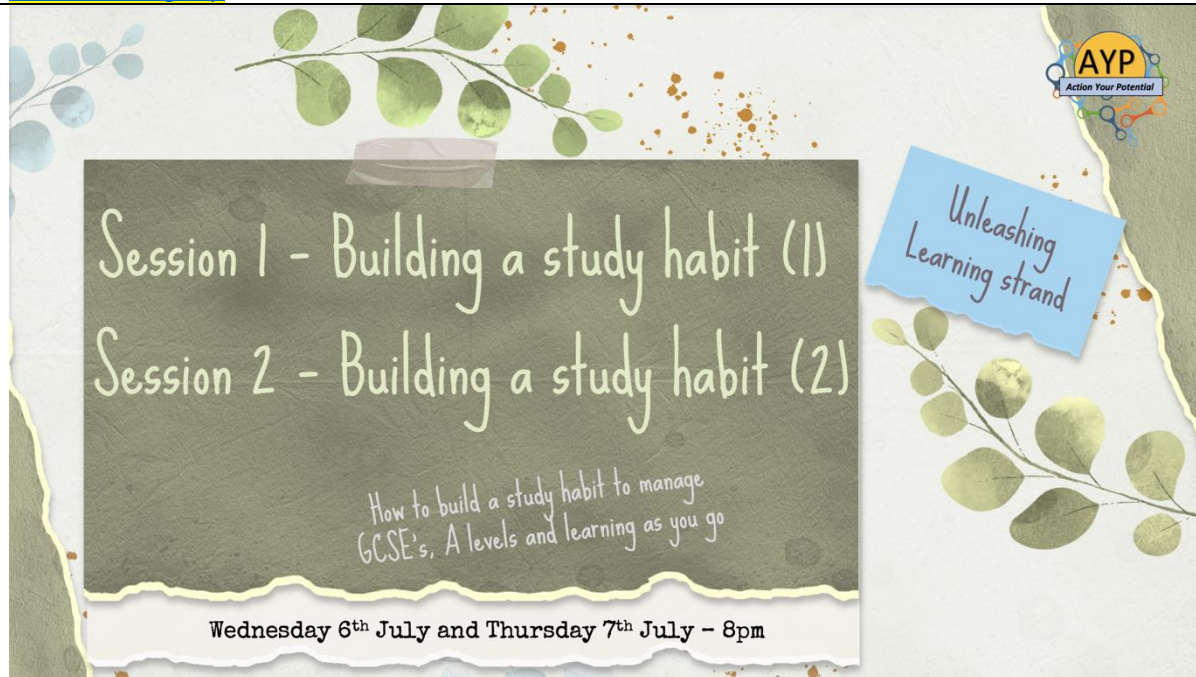
Wed 6 and Thu 7 July – 8pm
Unleashing Learning
Building A Study Habit (1)
Building A Study Habit (2)

How to build a study habit to manage GCSEs, A Levels and learning as you go.

All sessions are on Zoom

All sessions will be recorded and loaded to the NeuroNinja Learning Hub

[click here to sign up](#)



The poster features a central dark green rectangular area with a torn paper edge. It is surrounded by light green and blue leafy branches and orange-brown paint splatters. In the top right corner, there is a circular logo with 'AYP' and 'Action Your Potential' below it. To the right of the central area, a blue tag with white text reads 'Unleashing Learning strand'. The central area contains the following text in a white, handwritten-style font: 'Session 1 - Building a study habit (1)', 'Session 2 - Building a study habit (2)', and 'How to build a study habit to manage GCSE's, A levels and learning as you go'. At the bottom of the central area, a white banner with black text reads 'Wednesday 6th July and Thursday 7th July - 8pm'.

Session 1 - Building a study habit (1)
Session 2 - Building a study habit (2)
How to build a study habit to manage GCSE's, A levels and learning as you go
Wednesday 6th July and Thursday 7th July - 8pm

Wed 13 and Thu 14 July – 8pm

Mind Management Strand

Session 1: Managing Change (1)

Session 2: Managing Change (2)

How to help your child manage change, respond flexibly and choose growth in a brain that is full of negative biases. This webinar is particularly useful to manage transition from one school year to the next or one school to another.

[click here to sign up](#)



The poster features a central purple rectangular area with a torn paper edge. It is surrounded by light purple and blue leafy branches and orange-brown paint splatters. In the top right corner, there is a circular logo with 'AYP' and 'Action Your Potential' below it. To the right of the central area, a purple tag with white text reads 'Mind Management Strand'. The central area contains the following text in a white, handwritten-style font: 'Session 1 - Managing Change (1)', 'Session 2 - Managing Change (2)', and 'How to help your child manage change, respond flexibly and choose growth in a brain that is full of negative biases. This webinar is particularly useful to manage transition from one school year to the next or one school to another.' At the bottom of the central area, a white banner with black text reads 'Wednesday 13th July and Thursday 14th July - 8pm'.

Session 1 - Managing Change (1)
Session 2 - Managing Change (2)
How to help your child manage change, respond flexibly and choose growth in a brain that is full of negative biases. This webinar is particularly useful to manage transition from one school year to the next or one school to another.
Wednesday 13th July and Thursday 14th July - 8pm

AYP takes your privacy very seriously ([our GDPR policy is here](#)), we will only use these data to contact you about these sessions.

Don't forget as part of a subscribing school community you can sign up to the NeuroNinja Learning Hub where you can find hours of inspiring, informative and helpful content to help every parent, carers and student become a NeuroNinja and learn about their amazing brain.

To sign up to the [hub click here](#).

Any questions just get in touch via our website www.actionyourpotential.org

Yours sincerely

Andrew, Angela and Darren
At AYP